

5 Bucknam Road, Suite 1A • Falmouth, ME 04105  
Parkinson's Information  
& Referral Center



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April 20, 2007 5th Annual Parkinson's Awareness Conference

# 5th Annual PARKINSON'S Awareness Conference

Friday, April 20, 2007  
9:30 a.m. to 3:30 p.m.

Sheraton Hotel, South Portland

CO-SPONSORED BY:  
Boehringer Ingelheim  
GlaxoSmithKline  
Schwarz  
Teva



In celebration of World  
Parkinson's Disease Awareness  
Month, MaineHealth,  
the Maine Chapter of the  
American Parkinson Disease  
Association and the Maine  
Parkinson Society are pleased  
to present this educational  
meeting for all people who are  
touched by Parkinson's disease.

# Agenda

9:30 – 10:30 A.M.

## Registration & Visit Exhibits

10:30 – 10:45 A.M.

## Welcome & Introduction

10:45 – 11:45 A.M.

**Richard H. Myers, PhD** in Medical Genetics, Professor of Neurology, Boston University School of Medicine and APDA Scientific Advisory Board Member. Dr. Myers will discuss genetic studies in Parkinson's disease and his study known as the "GenePD" that involves an international collaboration of twenty clinical centers in Parkinson's disease.

NOON – 1:00 P.M.

## Lunch

1:00 – 2:00 P.M.

## When the Road Ends the Journey Begins – Crossing the Deserts of Change

As a young man **Steve Donahue** attempted to cross the Sahara Desert. He learned from his adventure that life can be like a journey over shifting sands, especially times of transition or challenge. Steve will share his captivating story and his "Rules of Desert Travel" to inspire and guide you on your own quest whether it is coping with Parkinson's, caring for a loved one or simply searching for more meaning in your daily life.

2:00 – 2:15 P.M.

## Break

2:15 – 3:15 P.M.

## Crossing the Deserts of Change

Join **Iris Selig, MA, LCPC**, for this follow-up session to ground the

metaphors introduced by Steve Donahue. What is your desert and how are you crossing it? Find your own inner compass and identify what can help you on the journey with your own or a loved one's life with Parkinson's. **Iris Selig, MA, LCPC**, with Steve Donahue's permission, has created this workshop which is based on his book, *Shifting Sands: A Guidebook for Crossing the Deserts of Change*.

3:15 – 3:30 P.M.

## Evaluations and Adjourn

### DRIVING DIRECTIONS

Maine Turnpike/95 to Exit 45 to Maine Mall Road /(I-295) Payne Road. Turn right onto Maine Mall Road ramp. Bear right at Maine Mall Road. The Sheraton Hotel are the two round buildings on the left, at set of lights directly across from the Maine Mall entrance.

Free parking lot to conference entrance in back of the Sheraton Hotel.

## R E G I S T R A T I O N F O R M

Name

Address

City State Zip

Daytime Phone E-mail

Organization Clinical Specialty  Check if CME credits needed

**Registration Fee:** \$25 (includes lunch) **Make checks payable to:** Parkinson's Information & Referral Center

**Please return to:** APDA Information & Referral Center, 5 Bucknam Road, Suite 1A, Falmouth, ME 04105

*You may pre-register with MasterCard or Visa credit cards by phone or in-person only.*

Tel: 207-781-1735 or TOLL FREE 1-800-832-4116 Fax: 207-781-1546